

Cambridge  
Community  
Garden Program

# Community Gardens

Community gardens are collaborative projects on shared open spaces where participants share in the maintenance and products of the garden, including healthful and affordable fresh fruits and vegetables.

Gardens may offer physical and mental health benefits by providing opportunities to

- Eat healthy fresh fruits and vegetables.
- Engage in physical activity, skill building, and creating green space.
- Beautify vacant lots.
- Revitalize communities in industrial areas.
- Revive and beautify public parks.
- Decrease violence in some neighborhoods, and improve social well-being through strengthening social connections.



**The City of Cambridge has community garden spots available at three locations. There is no fee. If you are interested in a garden spot please contact (740) 439-5491.**